WINTER 2027 GYMNASTICS

MBJCC

Register

MIAMI BEACH GYMNASTICS

SESSION: Sunday, Jan 10, 2026 - Friday, May 28, 2027

REGISTRATION DATES: Priority Member: 11/12 | Community: 11/19

ENRICHMENT SCHEDULE

MONDAY | 16 Sessions

TIME	CLASS	AGE	FEE
4:00 - 4:45 PM	Beginner	4 - 5 Years	$640 | M $480
4:30 - 6:00 PM	Intermediate	6+ Years	$720 | M $560
4:30-6:00 PM	Advanced	8+ Years	$720 | M $560

TUESDAY | 18 Sessions

TIME	CLASS	AGE	FEE
3:15 - 4:00 PM	Tots	3 - 4 Years	$720 | M $540
4:00 - 4:55 PM	Beginner	5 - 7 Years	$720 | M $540
5:00 - 6:30 PM	Pre-Team	Invite Only	Team Fee
6:00 - 7:30 PM	Intermediate	8+ Years	$810 | M $630

WEDNESDAY | 16 Sessions

TIME	CLASS	AGE	FEE
3:45 - 4:30 PM	Beginner	4 - 5 Years	$640 | M $480
4:30 - 6:00 PM	Intermediate	6+ Years	$720 | M $560
4:30 - 6:00 PM	Advanced	8+ Years	$720 | M $560

THURSDAY | 17 Sessions

TIME	CLASS	AGE	FEE
3:15 - 4:00 PM	Tots	3 - 4 Years	$680 | M $510
4:00 - 4:55 PM	Beginner	5 - 7 Years	$680 | M $510
4:00 - 4:55 PM	Beginner	8+ Years	$680 | M $510
NEW! 5:00 - 6:00 PM	Intro to Cheerleading	5+ Years	$680 | M $510
5:00 - 6:30 PM	Pre-Team	Invite Only	Team Fee

FRIDAY | 17 Sessions

TIME	CLASS	AGE	FEE
2:30 - 3:30 PM	Beginner/Intermediate	6+ Years	$680 | M $510

COMPETITIVE GYMNASTICS TEAM

This is for serious gymnasts aiming to compete locally as well as at the state and regional level. Made up of 10 Levels and a Pre Team level all of which includes intensive training in all four events (vault, bars, beam, floor), along with strength, conditioning, and mental preparation. This Competitive Team at the MBJCC follows the USA Gymnastics Development Program guidelines and competes with the AAU Program. Pre-team, Level 1, and Level 2 are all offered at the MBJCC location. The goal is to provide quality gymnastics training while having the privilege to compete as part of a team and as an individual. This is a year round program.

LEVEL	HOURS
Pre-Team	4 Hours weekly
Level 1	5 Hours weekly
Level 2	8 Hours weekly



PROGRAM CONTACTS

NAME	TITLE	EMAIL	EXT
Stacey Hatch	Miami Beach Gymnastics Owner	stacey@mbjcc.org	
Hellen Jena	Membership Services Director	hellen@mbjcc.org	235

TRANSPORTATION FROM SCHOOLS

SCHOOLS*	TIME
North Beach	2/3:05 PM | W: 2 PM
Ruth K Broad	2/3:05 PM | W: 2 PM
Casa Dei Bambini	2:45 PM
St. John	2:45 PM

DAY	FEE
Mondays (16)	$400 | M: $336
Tuesdays (18)	$450 | M: $378
Wednesdays (16)	$400 | M: $336
Thursdays (17)	$425 | M: $357
Fridays (17)	$425 | M: $357

DROP-IN HOMEWORK

Students can drop into Homework Club for a one hour time block either before or after their scheduled classes.

DAY	FEE
Mondays	$400 | M: $336
Tuesdays	$450 | M: $378
Wednesdays	$400 | M: $336
Thursdays	$425 | M: $357
Fridays	$425 | M: $357

LEHRMAN COMMUNITY DAY SCHOOL

TIME: 3:30 PM | F: 2:30 PM Follows the Lerhrman & MBJCC schedule

DAY	FEE
Mondays (14)	$350 | M: $294
Tuesdays (16)	$400 | M: $336
Wednesdays (16)	$400 | M: $336
Thursdays (17)	$425 | M: $357
Fridays (16)	$400 | M: $336

DAY	FEE
Mondays (14)	$350| M: $294
Tuesdays (16)	$400 | M: $336
Wednesdays (16)	$400 | M: $336
Thursdays (17)	$425 | M: $357
Fridays (16)	$400 | M: $336

HEBREW ACADEMY

TIME: 3:40 PM | F: 2:40PM Follows Hebrew Academy & MBJCC schedule

DAY	FEE
Mondays(12)	$300 | M: $252
Tuesdays(16)	$400 | M: $336
Wednesdays(14)	$350 | M: $294
Thursdays(14)	$350 | M: $294
Fridays(14)	$350 | M: $294

DAY	FEE
Mondays (12)	$300 | M: $252
Tuesdays (16)	$400 | M: $336
Wednesdays (14)	$350| M: $294
Thursdays (14)	$350| M: $294
Fridays (14)	$350| M: $294

TEMPLE BETH SHOLOM

TIME: 2:45 PM | F: 3:30PM Follows Termple Beth Sholom & MBJCC schedule

DAY	FEE
Mondays (16)	$400 | M: $336
Tuesdays (18)	$450 | M: $378
Wednesdays (16)	$400 | M: $336
Thursdays (17)	$425 | M: $357
Fridays (15)	$375 | M: $315

DAY	FEE
Mondays (16)	$400 | M: $336
Tuesdays (18)	$450 | M: $378
Wednesdays (16)	$400 | M: $336
Thursdays (17)	$425 | M: $357
Fridays (15)	$375 | M: $315

Children enrolled in transportation must either be enrolled in an activity, Drop-in Homework Club, or picked up immediately upon arrival at the MBJCC. Children cannot be left alone at the MBJCC.

REGISTRATION: (Minimum registration required) Pre K - 5th Grade Availability limited. Requires registration at mbjcc.org/transportation.

GAHFI CHILDREN & FAMILY DEPARTMENT MBJCC

HOLIDAY CLOSURES

DAY	HOLIDAY
Friday, Jan 15	School Day Out
Monday, Jan 18	Martin Luther King Day
Monday, Feb 15	Presidents Day
Wednesday, Mar 10	School Day Out
Monday, Mar 22 - Friday, Mar 26	Spring Break
Monday, March 29	School Day Out
Wednesday, Apr 21	Erev Passover
Thursday, Apr 22	Passover
Firday, Apr 23	Passover
Tuesday, Apr 27	Erev Passover
Wednesday, Apr 28	Passover
Thursday, Apr 29	Passover
Monday, May 31	Memorial Day

At Miami Beach Gymnastics, our mission is to inspire and empower athletes of all ages and abilities to achieve excellence through the art of gymnastics.

We are committed to providing a safe, supportive, and inclusive environment where individuals can build confidence, strength, and discipline while fostering a passion for gymnastics and movement.

Through expert coaching, innovative training, and a focus on personal growth, we aim to nurture both the physical and mental development of our athletes, helping them reach their full potential in gymnastics and beyond.



Preschool Gymnastics (Ages 3-5)

Beginner classes focusing on fundamental gymnastics skills such as balance, strength, and flexibility. Children learn in a structured but fun environment, developing body awareness and coordination.

Recreational Gymnastics (Ages 6 and up)

Aimed at children interested in learning gymnastics without the pressure of competition. Focuses on basic to advanced skills across vault, bars, beam, and floor. Perfect for building fitness, discipline, and teamwork.

Beginner: For those with limited or no gymnastics experience. Gymnasts are taught the basic Gymnastics Skills on all 4 Apparatuses: Vault, Uneven Bars, Beam, and Floor with an additional focus on flexibility, coordination, and strength. As the children progress, they will begin to learn simple gymnastics routines and focus more on correct form.

Intermediate: Continue to build upon the skills you have already mastered. Bridges turn into Kickovers and Cartwheels turn into Roundoffs. This class will challenge what you have learned previously, refine your skills and develop more advanced techniques of execution on each gymnastics apparatus. Gymnast will now be exposed to more practice time and some light conditioning.

Advanced: Now that their skills have developed, strength has increased, focus has lengthened and awareness has peaked, gymnasts will approach some of the most complex and intricate skills in recreational gymnastics! Kickovers turn into Back Walkovers and Back Handsprings. Cartwheels turn into Aerials, and Backward Rolls turn into Extensions Rolls. Gymnastics begin to work more advanced Uneven Bar connections and Balance Beam Dismounts It's not just about skills; conditioning and flexibility play a huge role as the difficulty level has been amplified exponentially!

Intro to Cheerleading

Perfect for beginners eager to explore the sport of cheerleading. Learn fundamental cheerleading skills including mini stunt sequences, tumbling basics, jumps, and motions in a fun supportive environment.



