



Personal Training



Galbut Family
Miami Beach JCC
Simkins Family Campus

Our certified personal trainers will motivate and inspire you to improve and grow.

Offering affordable training packages with flexible times for those with a busy schedule.

Private Training

Private one-on-one sessions

Sessions	Community	Member
20	\$2,000	\$1,600
10	\$1,050	\$850
5	\$500	\$450
1	\$115	\$95

Partner Training

Two-on-one training

Sessions	Community	Member
10	\$1,450	\$1,250
1	\$160	\$140

Specialized Training

Postural / movement assessments, corrective exercise, post-rehab, sports-specific training, Pilates reformer training

Sessions	Community	Member
20	\$2,300	\$1,900
10	\$1,200	\$1,000
5	\$625	\$525
1	\$130	\$110

Partner Specialized

Sessions	Community	Member
10	\$1,600	\$1,400
1	\$175	\$155

**LET NOTHING STAND IN THE WAY
OF YOUR FITNESS JOURNEY!**

Visit mbjcc.org/fitness for more info

Contact:

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