



Register

MBJCC FALL 2026 GYMNASTICS



SESSION: Monday, Aug 24 - Thursday Dec 17, 2026

REGISTER ONLINE: mbjcc.org/register

REGISTRATION DATES: Priority Member:7/1 | Community:7/8

ENRICHMENT SCHEDULE

MONDAY | 14 Sessions

TIME	CLASS	AGE	FEE
4:00 - 4:45 PM	Beginner	4 - 5 Years	\$560 M \$420
4:30 - 6:00 PM	Intermediate	6+ Years	\$630 M \$490
4:30-6:00 PM	Advanced	8+ Years	\$630 M \$490

TUESDAY | 15 Sessions

TIME	CLASS	AGE	FEE
3:15 - 4:00 PM	Tots	3 - 4 Years	\$600 M \$450
4:00 - 4:55 PM	Beginner	5 - 7 Years	\$600 M \$450
5:00 - 6:30 PM	Pre-Team	Invite Only	Team Fee
6:00 - 7:30 PM	Intermediate	8+ Years	\$675 M \$525

WEDNESDAY | 15 Sessions

TIME	CLASS	AGE	FEE
3:45 - 4:30 PM	Beginner	4 - 5 Years	\$600 M \$450
4:30 - 6:00 PM	Intermediate	6+ Years	\$675 M \$525
4:30 - 6:00 PM	Advanced	8+ Years	\$675 M \$525

THURSDAY | 16 Sessions

TIME	CLASS	AGE	FEE
3:15 - 4:00 PM	Tots	3 - 4 Years	\$640 M \$480
4:00 - 4:55 PM	Beginner	5 - 7 Years	\$640 M \$480
4:00 - 4:55 PM	Beginner	8+ Years	\$640 M \$480
5:00 - 6:30 PM	Pre-Team	Invite Only	Team Fee

FRIDAY | 12 Sessions

TIME	CLASS	AGE	FEE
2:30 - 3:30 PM	Beginner/Intermediate	6+ Years	\$480 M \$360

COMPETITIVE GYMNASTICS TEAM

This is for serious gymnasts aiming to compete locally as well as at the state and regional level. Made up of 10 Levels and a Pre Team level all of which includes intensive training in all four events (vault, bars, beam, floor), along with strength, conditioning, and mental preparation. This Competitive Team at the MBJCC follows the USA Gymnastics Development Program guidelines and competes with the AAU Program. Pre-team, Level 1, and Level 2 are all offered at the MBJCC location. The goal is to provide quality gymnastics training while having the privilege to compete as part of a team and as an individual. This is a year round program.

LEVEL	HOURS
Pre-Team	4 Hours weekly
Level 1	5 Hours weekly
Level 2	8 Hours weekly



PROGRAM CONTACTS

NAME	TITLE	EMAIL	EXT
Stacey Hatch	Miami Beach Gymnastics Owner	stacey@mbjcc.org	
Marissa Borden	Membership Services Coordinator	membership@mbjcc.org	205
Hellen Jena	Membership Services Director	hellen@mbjcc.org	235

TRANSPORTATION FROM SCHOOLS

Children enrolled in transportation must either be enrolled in an activity, Drop-in Homework Club, or picked up immediately upon arrival at the MBJCC. Children cannot be left alone at the MBJCC. **REGISTRATION:** (Minimum registration required) Pre K - 5th Grade Availability limited. Requires registration at mbjcc.org/transportation.

DAY	FEE	SCHOOLS*	TIME
Mondays	\$350 M: \$295	North Beach	2/3:05 PM W: 2 PM
Tuesdays	\$375 M: \$315	TBS	2:45 PM W: 3:30 PM
Wednesdays	\$375 M: \$315	Ruth K Broad	2/3:05 PM W: 2 PM
Thursdays	\$400 M: \$335	Casa Dei Bambini	2:45 PM
Fridays	\$300 M: \$250	St. John	2:45 PM

*Inquire for additional schools

LEHRMAN COMMUNITY DAY SCHOOL

DAY	FEE
Mondays	\$350 M: \$295
Tuesdays	\$375 M: \$315
Wednesdays	\$375 M: \$315
Thursdays	\$400 M: \$335
Fridays	\$300 M: \$250

HEBREW ACADEMY



DAY	FEE
Mondays(10)	\$250 M: \$210
Tuesdays(14)	\$350 M: \$295
Wednesdays(13)	\$325 M: \$275
Thursdays(13)	\$325 M: \$275
Fridays(11)	\$275 M: \$230

Monday, Aug 24 - Thursday, Dec 17

Follows the Hebrew Academy & MBJCC schedule

DROP-IN HOMEWORK CLUB

Students can drop into Homework Club for a one hour time block either before or after their scheduled classes.

DAY	FEE
Mondays	\$350 M: \$295
Tuesdays	\$375 M: \$315
Wednesdays	\$375 M: \$315
Thursdays	\$400 M: \$335
Fridays	\$300 M: \$250

HOLIDAY SCHEDULE (No Youth Programs)

DAY	HOLIDAY
Monday, Sep 7	Labor Day
Friday, Sep 11	Erev Rosh Hashanah
Monday, Sep 21	Yom Kippur
Friday, Sep 25	Erev Sukkot
Friday, Oct 2	Erev Shemini Atzeret
Tuesday, Nov 3	School Day Out
Wednesday, Nov 11	School Day Out
Monday, Nov 23 - Wednesday, Nov 25	Fall Break
Thursday, Nov 26	Thanksgiving
Friday, Nov 27	Thanksgiving Friday

JOIN TODAY!
BECOME A MEMBER AND SAVE UP TO 40% OFF!

Visit the Membership Office or Contact our Membership Team:
 Hellen Jena: EXT 235 or hellen@mbjcc.org
 Marissa Borden: EXT 205 or membership@mbjcc.org



At Miami Beach Gymnastics, our mission is to inspire and empower athletes of all ages and abilities to achieve excellence through the art of gymnastics.

We are committed to providing a safe, supportive, and inclusive environment where individuals can build confidence, strength, and discipline while fostering a passion for gymnastics and movement.

Through expert coaching, innovative training, and a focus on personal growth, we aim to nurture both the physical and mental development of our athletes, helping them reach their full potential in gymnastics and beyond.



PRESCHOOL GYMNASTICS (AGES 3-5)

Beginner classes focusing on fundamental gymnastics skills such as balance, strength, and flexibility. Children learn in a structured but fun environment, developing body awareness and coordination.

RECREATIONAL GYMNASTICS (AGES 6 AND UP)

Aimed at children interested in learning gymnastics without the pressure of competition. Focuses on basic to advanced skills across vault, bars, beam, and floor. Perfect for building fitness, discipline, and teamwork.

Beginner: For those with limited or no gymnastics experience. Gymnasts are taught the basic Gymnastics Skills on all 4 Apparatuses: Vault, Uneven Bars, Beam, and Floor with an additional focus on flexibility, coordination, and strength. As the children progress, they will begin to learn simple gymnastics routines and focus more on correct form.

Intermediate: Continue to build upon the skills you have already mastered. Bridges turn into Kickovers and Cartwheels turn into Roundoffs. This class will challenge what you have learned previously, refine your skills and develop more advanced techniques of execution on each gymnastics apparatus. Gymnast will now be exposed to more practice time and some light conditioning.

Advanced: Now that their skills have developed, strength has increased, focus has lengthened and awareness has peaked, gymnasts will approach some of the most complex and intricate skills in recreational gymnastics! Kickovers turn into Back Walkovers and Back Handsprings. Cartwheels turn into Aerials, and Backward Rolls turn into Extensions Rolls. Gymnastics begin to work more advanced Uneven Bar connections and Balance Beam Dismounts It's not just about skills; conditioning and flexibility play a huge role as the difficulty level has been amplified exponentially!

