



# BASKETBALL & FOOTBALL

Roster, Schedules, and stats will be online at [MBJCCSPORTS.ORG](http://MBJCCSPORTS.ORG)

Our leagues offer a competitive environment with top quality coaching. Practice and games listed after night [mbjccsports.org](http://mbjccsports.org)

Leagues Include:

Team shirts	Double elimination playoffs	4 teams MAX	Trophies for league leaders
8-10 game schedule	8-10 Player rosters	Championship trophies or shirts	

## TRAVEL BASKETBALL TEAM

Driven Basketball brings its highly successful program to the MBJCC. Led by renowned coaches Randy Orisma, Jay Watson, and Jarred Axon. This program promises to elevate the game for all participants.



Our coaches boast extensive experience, having played and coached at the D1 college level and professionally. They have successfully trained athletes of all ages and skill levels, ensuring top-notch development for every player. Driven Basketball aims to provide competitive opportunities for young athletes from 3rd grade through high school. Tryouts will be held, offering a chance for all levels and ages to join this elite program. Join us and be part of a transformative basketball experience!

Team practices vary Monday - Thursday 6:00 - 8:30 PM Team Fee by level

### BASKETBALL

Practice like the pros. This class will accelerate skill knowledge and game development. Players will experience game style drills with a fun twist, getting them ready for 5 vs 5 games.

Class Includes:

- Rules & game strategy
- Skill Development stations
- Game play
- End of the season awards

Skill Development:

- Dribbling
- Passing
- Shooting
- Defense

### BASKETBALL SKILLS / FLAG FOOTBALL

Class Includes:

- Athletic group stretch
- Rules & game strategy
- Skill Development stations
- End of the season awards

Skill Development:

- Dribbling
- Passing
- Shooting
- Defense
- Teamwork

### VOLEYBALL



**Playeros Volleyball Class** is designed to help young athletes develop fundamental volleyball skills in a supportive and structured environment. Our classes focus on essential techniques like serving, passing, setting, and hitting, while also building teamwork, agility, and game awareness. Led by experienced coaches, each session includes skill drills, practice games, and personalized feedback, giving players the opportunity to learn at their own pace while improving their confidence and understanding of the game. Whether new to the sport or refining their abilities, players will leave each class with improved skills and a deeper passion for volleyball.

### JR. MIGHTYMITES/MIGHTY MIGHTS WITH PARENT

Jr. Mighty Mites: Parent participation required

Mighty Mites: Parent must be present

Have a blast while learning new games! Children will learn how to run, jump, kick, throw, catch, skip, and much more. This class will help build balance, strength, coordination, and focus on gross motor skills while having lots of fun.

### AB ATHLETICS SOCCER



AB Athletics is a year-round soccer development program uniquely situated near the scenic Miami Beaches. Our mission extends beyond the field, focusing on shaping young athletes into well-rounded individuals ready for the challenges of life. We believe that the foundational skills learned through soccer, discipline, teamwork, and resilience are the building blocks for a successful future.

### MORE THAN JUST a GAME

At AB Athletics, we are dedicated to developing the whole person. Our program is built on three core pillars:

**Athlete Development:** Our highly qualified coaching staff uses modern training techniques to focus on each player's individual growth. We aim to maximize their potential on the field by focusing on skill development, game intelligence, and physical fitness.

**Character and Citizenship:** We believe that the values learned in sports translate directly to life. Through mentorship and community service initiatives, we instill a strong sense of responsibility and integrity in our athletes. We empower them to become model citizens who understand the importance of giving back to their community.

**Family unity and Work Ethic:** We are more than just a team; we are a family. We encourage parents to be actively involved in their child's journey, creating a supportive network that promotes unity and mutual respect. Our program reinforces a good work ethic through consistent effort, dedication and the understanding that success is earned, not given.

\*Uniform additional fee, Inquire

\*Additional tournament fees apply