MBJCC WINTER 2026

GYMNASTICS

Register

SESSION: Monday, January 12 - Wednesday, May 20 , 2026

REGISTER ONLINE: mbjcc.org/class-search

REGISTRATION DATES: Priority Member: 11/11 | Community: 11/18

Enrichment Schedule

MONDAY | 16 Sessions

TIME	CLASS	AGE	FEE
4:00 - 4:45 PM	Beginner	4 - 5 Years	$735 | M $530
4:30 - 6:00 PM	Intermediate	6+ Years	$815 | M $595
4:30-6:00 PM	Advanced	8+ Years	$815 | M $595

Tuesday | 17 Sessions

TIME	CLASS	AGE	FEE
3:15 - 4:00 PM	Tots	3 - 4 Years	$785 | M $560
4:00 - 4:55 PM	Beginner	5 - 7 Years	$785 | M $560
5:00 - 6:30 PM	Pre-Team	Invite Only	Team Fee
6:00 - 7:30 PM	Intermediate	8+ Years	$865 | M $630

WEDNESDAY | 16 Sessions

TIME	CLASS	AGE	FEE
3:45 - 4:30 PM	Beginner	4 - 5 Years	$735 | M $530
4:30 - 6:00 PM	Intermediate	6+ Years	$815 | M $595
4:30 - 6:00 PM	Advanced	8+ Years	$815 | M $595

THURSDAY | 15 Sessions

TIME	CLASS	AGE	FEE
3:15 - 4:00 PM	Tots	3 - 4 Years	$690 | M $495
4:00 - 4:55 PM	Beginner	5 - 7 Years	$690 | M $495
4:00 - 4:55 PM	Beginner	8+ Years	$765 | M $555
5:00 - 6:30 PM	Pre-Team	Invite Only	Team Fee

FRIDAY | 14 Sessions

TIME	CLASS	AGE	FEE
2:30 - 3:30 PM	Beginner/Intermediate	6+ Years	$645 | M $465

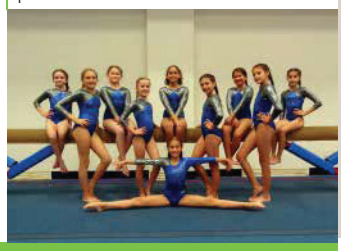
MBJCC GYMNASTICS TEAM

The MBJCC Gymnastics Team includes a Pre-Team and eight competitive levels. All children must try out to join the team, and placement is determined by the coaches' discretion. The competitive season runs from September through May, requiring a full-year commitment.

Levels 1 - 8 adhere to the USA Gymnastics Development Program Guidelines.

LEVEL	PRACTICES/WEEK
Pre-Team & Level 1	2
Level 2	3
Level 3+	4

The Pre-Team (Invite Only) is for children who exhibit natural flexibility and strength and have a strong desire to excel in gymnastics. The primary objective is to provide a solid foundation for competitive gymnastics. The focus is on developing strength, flexibility, and proper body positions for performing complex gymnastics skills. Pre-Team members are evaluated twice a year for potential advancement to the Level 1 Team.



PROGRAM CONTACTS

NAME	TITLE	EMAIL	EXT
Stacey Hatch	Gymnastics Administrative Director	stacey@mbjcc.org	222
Hellen Jena	Membership Services Director	hellen@mbjcc.org	235

TRANSPORTATION FROM SCHOOLS

Children enrolled in transportation must either be enrolled in an activity, Drop-in Homework Club, or picked up immediately upon arrival at the MBJCC. Children cannot be left alone at the MBJCC.

REGISTRATION: (Minimum registration required) Pre K - 5th Grade Availability limited. Requires registration at mbjcc.org/transportation.

DAY	FEE
Mondays	$400 | M: $335
Tuesdays	$425 | M: $355
Wednesdays	$400 | M: $335
Thursdays	$375 | M: $315
Fridays	$350 | M: $295

SCHOOLS*	TIME
North Beach	2/3:05 PM | W: 2 PM
TBS	2:45 PM | W: 3:30 PM
Ruth K Broad	2/3:05 PM | W: 2 PM
Casa Dei Bambini	2:45 PM
St. John	2:45 PM

*Inquire for additional schools

LEHRMAN COMMUNITY DAY SCHOOL

TIME: 3:30 PM | F: 2:30 PM

January 12 - May 29

Lehrman Students only. Week of May 26 no youth classes. Child must be picked up from the MBJCC as soon as the bus arrives

DAY	FEE
Mondays	$425 | M: $355
Tuesdays	$450 | M: $375
Wednesdays	$425 | M: $355
Thursdays	$400 | M: $335
Fridays	$375 | M: $295

HEBREW ACADEMY

NEW!

January 12 - May 20

Hebrew Academy students only. Holidays are accounted for according to school schedule.

DAY	FEE
Mondays (12)	$300 | M: $250
Tuesdays (14)	$350 | M: $295
Wednesdays (15)	$375 | M: $315
Thursdays (13)	$325 | M: $270
Fridays (12)	$300 | M: $250

DROP-IN HOMEWORK CLUB

Students can drop into Homework Club for a one hour time block either before or after their scheduled classes.

DAY	FEE
Mondays	$400 | M: $335
Tuesdays	$425 | M: $355
Wednesdays	$400 | M: $335
Thursdays	$375 | M: $315
Fridays	$350 | M: $295

HOLIDAY SCHEDULE (No Youth Programs)

DAY	HOLIDAY
Friday, January 16	School Day Out
Monday, January 19	MLK Day
Monday, February 16	Presidents Day
Friday, March 20	School Day Out
March 23-27	Spring Break
April 1-3	Passover Break
April 7-9	Passover Break
May 21-23	Shavuot
Monday, May 25	Memorial Day

JOIN TODAY !

BECOME A MEMBER AND SAVE UP TO 40% OFF!

Visit the Membership Office or Contact our Membership Team:
Hellen Jena: EXT 235 or hellen@mbjccc.org

Every child progresses at dierent rates and times; for that very reason, there is never any pressure to attain certain skills, advance to another level or try and keep pace with any other participants in their class. We embrace individuality and celebrate success at all levels!

TOT GYMNASTICS

Children are introduced to each gymnastics apparatus and taught introductory gymnastics skills and body positions that help develop coordination, balance, strength, and body awareness. Children will also learn valuable social skills, such as working with a group, waiting your turn, listening to directions, and following directions.

BEGINNER GYMNASTICS

For those with limited or no gymnastics experience. At this level, gymnasts are taught the basic floor skills such as forward rolls, cartwheels, and handstands while building self-esteem and selfconfidence. Children will continue to be introduced to all Olypic events, including vault, uneven bars, and balance beam with a focus on flexibility, coordination, and strength. As the children progress, they will begin to learn simple gymnastics routines and focus more on correct form.

INTERMEDIATE GYMNASTICS

Gymnasts at this level must have met the requirements in the beginner level with good form and technique as this class is designed to continue to build upon that foundation. While the basics are always reviewed and applied, it is now time to challenge what they've learned, refine their skills and develop more advanced techniques of execution on each gymnastics apparatus. In an ever evolving sport, they will be exposed to more practice time and even some conditioning.

ADVANCED GYMNASTICS

Gymnasts at this level must have met the requirements for the Intermediate level. Now that their skills have developed, strength has increased, focus has lengthened and awareness has peaked, gymnasts will approach some of the most complex and intricate skills in recreational gymnastics! It's not just about skills... conditioning and flexibility play a huge role as the diiculty level has been amplified exponentially!