



SPRING '24
 3/21 UPDATED

ART & ME

Through art children can learn and explore with exciting and messy open-ended unconventional art materials. Little ones learn about colors, textures, and shapes while developing fine motor skills and expressing their creativity. Come dressed to get messy.

YOGAMUSIC



Come ready to share, sing, play, learn yoga poses and creative breathing exercises, and enjoy relaxing connecting time. YoMu is a unique experience combining yoga with the power of live music

MINI BALLET/TINY HIP HOP

A great introduction to dancing for children just developing their coordination. The teacher guides in a way that makes discovering movement, balance and listening skills easy and fun. This class is an excellent first group activity and opportunity to develop a stronger bond in a fun, safe and nurturing atmosphere. *Leotard/shirt included.*



LITTLE TUMBLERS

This gymnastics class offers an age-appropriate introduction to gymnastics using creative expression and movement through the use of playful games and all of the gymnastics equipment with lots of parental hands-on assistance. Parental involvement provides toddlers with a comfortable environment in preparation for the transition to independent gymnastics classes. Children will bounce, swing, and roll their way through this class.

ZUMBINI

Zumbini is a high energy, fun, original, contemporary take on music and movement program. Children experience with a caregiver the ultimate bonding experience! Come ready to move and shake!

TOT GYMNASTICS

Children are introduced to each gymnastics apparatus and taught introductory gymnastics skills and body positions that help develop coordination, balance, strength, and body awareness. Children will also learn valuable social skills, such as working with a group, waiting your turn, listening to directions, and following directions.

JR./MIGHTY MITES

Have a blast while learning new games! Children will learn how to run, jump, kick, throw, catch, skip, and much more. This class will help build balance, strength, coordination, and focus on gross motor skills while having lots of fun.
 *Jr.: An adult must remain present during each class.

NO CLASSES: APR 10 - Teacher Work Day
 APR 22-24: Passover
 APR 29-30: Passover

PARENT PLACE

Monday, April 1 - Friday, May 24



MONDAY		Little Tumblers: 6 Sessions Mighty Mites: 1/16 - 5/24	
9:30- 10:15 AM	Little Tumblers	13 - 24 Months	\$255 M: \$180
10:30- 11:15 AM	Little Tumblers	2 - 4 Years	\$255 M: \$180

TUESDAY		YogaMusic, Art & Me: 6 Sessions Ballet, Gymnastics, Mighty Mites: 1/16 - 5/24	
10 - 10:45 AM	YogaMusic	0 - 3 Years	\$255 M: \$180
3:15 - 4 PM	Art & Me	2 - 4 Years	\$260 M: \$190
3:15 - 4 PM	Mini Ballet	2 - 4 Years	Session 1/16 - 5/24
3:15 - 4 PM	Tots Gymnastics	3 - 4 Years	Session 1/16 - 5/24
4:15 - 5 PM	Mighty Mites w/ Coach Felipe	3 - 4 Years	Session 1/16 - 5/24


WEDNESDAY		Zumbini: 6 Sessions Mighty Mites: 1/16 - 5/24	
9:15- 9:45 AM	Zumbini	1 - 3 Years	\$265 M: \$195
3:15- 4 PM	Zumbini	2 - 4 Years	\$265 M: \$195

THURSDAY		Art & Me: 7 Sessions Hip Hop, Gymnastics, Mighty Mites: 1/16 - 5/24	
9:30- 10:15 AM	Art & Me	18 - 24 Months	\$300 M: \$220
10:30- 11:15 AM	Art & Me	2 - 3 Years	\$300 M: \$220
3:15 - 4 PM	Tiny Hip Hop	3 - 4 Years	Session 1/16 - 5/24
3:15 - 4 PM	Tots Gymnastics	3 - 4 Years	Session 1/16 - 5/24
4:30 - 5:15 PM	Jr. Mighty Mites w/ Coach Felipe	2 - 3 Years	Session 1/16 - 5/24

PARENT/CHILD SWIM 3 - 30 Months (Approx.)

Play games and sing songs so that your child can associate the pool with a fun experience with a parent. Our highly trained instructors provide you with the tools to make your babies strong swimmers and improve both physical and cognitive development.

[TO FIND OUT MORE ABOUT PARENT/CHILD SWIM, CONTACT SWIMGYM@MBJCC.ORG](mailto:TO_FIND_OUT_MORE_ABOUT_PARENT/CHILD_SWIM_CONTACT_SWIMGYM@MBJCC.ORG)




COMING THIS FALL FOR 2's AND 3's

SPOTS ARE LIMITED SECURE YOUR'S TODAY!

Contact our Director, Rosalyn Sejas at rosalyn@mbjcc.org or x221.



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