

# PARENT PLACE



Tuesday, January 16 - Friday, May 24

Member Priority Registration: Wednesday, November 8 | Community Registration: Wednesday, November 15

MONDAY	Little Tumblers: 8 Sessions   Mighty Mites: 13 Sessions		
9:30-10:15 AM Little Tumblers	13-24 Months \$335   M: \$240		
10:30-11:15 AM Little Tumblers	2 - 4 Years \$335   M: \$240		
4 - 4:45 PM Mighty Mites	2 - 3 Years \$545   M: \$390		

TUESDAY	YogaMusic, Art & Me: 10 Session	s   Ballet, Gymnastics, M	lighty Mites: 16 Sessions
10 - 10:45 AM	YogaMusic	0 - 3 Years	\$420   M: \$300
3:15 - 4 PM	Art & Me	2 - 4 Years	\$435   M: \$315
3:15 - 4 PM	Mini Ballet	2 - 4 Years	\$750   M: \$560
3:15 - 4 PM	Tots Gymnastics	3 - 4 Years	\$675   M: \$480
4:15 - 5 PM	Mighty Mites w/ Coach Felipe	3 - 4 Years	\$675   M: \$480

WEDNESDAY	Zumbini: 10 Sessions   Mighty Mites: 16 Sessions		
9:15- 9:45 AM Zumbini	1 - 3 Years	\$445   M: \$325	
3:15- 4 PM Zumbini	2 - 4 Years	\$445   M: \$325	
4 - 4:45 PM Mighty Mites	2 - 4 Years	\$675   M: \$480	

THURSDAY	Art & Me: 10 Sessions   Hip H	Hop, Gymnastics, Mi	ghty Mites: 17 Sessions
9:30-10:15 AM Art & Me			\$435   M: \$315
10:30-11:15 AM Art & Me		2 - 3 Years	\$435  M: \$315
3:15 - 4 PM Tiny Hip Hop			\$775   M: \$570
3:15 - 4 PM Tots Gymnas			\$715   M: \$510
4:30 - 5:15 PM Jr. Mighty Mi	tes w/ Coach Felipe	2 - 3 Years	\$715   M: \$510

## **PARENT/CHILD SWIM**

3 - 30 Months (Approx.)

Play games and sing songs so that your child can associate the pool with a fun experience with a parent. Our highly trained instructors provide you with the tools to make your babies strong swimmers and improve both physical and cognitive development.



TO FIND OUT MORE ABOUT PARENT/CHILD SWIM, CONTACT SWIMGYM@MBJCC.ORG



# COMING THIS WINTER

Hellen Jena

FOR 2'S AND 3'S

SPOTS ARE LIMITED

**SECURE YOUR'S TODAY!**Contact our Director, Rosalynd Sejas at rosalynd@mbjcc.org or x221.

Jenny Mermelszteyn
Director of Camping & Children/Family Program
jenny@mbjcc.org | x210

Registrar register@mbjcc.org | x235

### **ART & ME**

Through art children can learn and explore with exciting and messy open-ended unconventional art materials. Little ones learn about colors, textures, and shapes while developing fine motor skills and expressing their creativity. Come dressed to get messy.

## **YOGAMUSIC**

Come ready to share, sing, play, learn yoga poses and creative breathing exercises, and enjoy relaxing connecting time. YoMu is a unique experience combining yoga with the power of live music

## MINI BALLET/TINY HIP HOP

A great introduction to dancing for children just developing their coordination. The teacher guides in a way that makes discovering movement, balance and listening skills easy and fun. This class is an excellent first group activity and opportunity to develop a stronger bond in a fun, safe and nurturing atmosphere. Leotard/shirt included.



## LITTLE TUMBLERS

This gymnastics class offers an age-appropriate introduction to gymnastics using creative expression and movement through the use of playful games and all of the gymnastics equipment with lots of parental hands-on assistance. Parental involvement provides toddlers with a comfortable environment in preparation for the transition to independent gymnastics classes. Children will bounce, swing, and roll their way through this class.

## **TOT GYMNASTICS**

Children are introduced to each gymnastics apparatus and taught introductory gymnastics skills and body positions that help develop coordination, balance, strength, and body awareness. Children will also learn valuable social skills, such as working with a group, waiting your turn, listening to directions, and following directions.

## **MIGHTY MITES**

Have a blast while learning new games! Children will learn how to run, jump, kick, throw, catch, skip, and much more. This class will help build balance, strength, coordination, and focus on gross motor skills while having lots of fun.

\*Jr.: An adult must remain present during each class.

#### NO CLASSES:

JAN 15 - MLK JR DAY JAN 19 - Teacher Work Day FEB 19 - President's Day MAR 22 - Teacher Work Day MAR 25-29 - Spring Break APR 10 - Teacher Work Day APR 22-24:Passover APR 29-30: Passover MAY 13 - Yom Ha'tzmaut