I belong here. I belong here. I belong here. #mbjcc I belong here. I belong here. I belong here. #mbjcc I belong here. I belong here. #mbjcc I belong here. I belong here. I belong here.

Galbut Family Miami Beach CC #mb
BELONG
Simkins Family Campus

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AQUATICS

WINTER 2023

here. here. here.

belong here. I belong here

LESSONS FOR ALL AGES

Sundays 9 AM - 1 PM

Mondays -Thursdays 6 AM - 7 PM Varied availability Swim Gym at the MBJCC offers individual private lessons and small group customized programs tailored to your schedule.

Private 20 Minutes

10 Lessons: \$365 | Members: \$260 Single lesson: \$40 | Members: \$30

Private 40 Minutes

10 Lessons: \$685 | Members: \$490 5 Lessons: \$365 | Members: \$260 Single lesson: \$75 | Members: \$60

Private 60 Minutes \$120 | Members: \$90

Semi-Private 20 Minutes

10 Lessons: \$205 | Members: \$145 Single lesson \$30 | Members: \$20

Semi-Private 40 Minutes

10 Lessons: \$385 | Members: \$275 Single lesson: \$50 | Members: \$35

Small Group 40 Minutes

10 Lessons: \$365 | Members: \$260

60-Minute Video Tape \$130 | Members: \$100

PARENT/CHILD SWIM 3 MONTHS - (APPROX.) 30 MONTHS

Play games and sing songs so that your child can associate the pool with a fun experience with a parent. Our highly trained instructors provide you with the tools to make your babies strong swimmers and improve both physical and cognitive development. It takes 50-100 hours of water time for your child to become a strong swimmer, and most importantly, for you to have piece of mind in and around the water. As your baby grows into a toddler and gains more experience in the water, we continue to teach accelerated skills that go along with a wide selection of games and songs. Through the progression and development, babies/toddlers will learn to protect themselves from danger, and understand and respect the water. They will realize their limits and slowly reach aquatic independence.

MBJCC SWIM ACADEMY

FOR AGES 7 - 11 YEARS

Swim Gym at the MBJCC has prepared an exclusive competitive program to improve advanced stroke techniques and turns to swim competitively. Swim Team will help swimmers refine their performance through improved swim, dive and turn techniques in all four swimming strokes: freestyle, backstroke, breaststroke and butterfly.

ENTRY LEVEL PRE TEAM PRACTICES

Tuesdays - Thursdays: 4 - 5 PM

PRE TEAM PRACTICES

Mondays - Thursdays: 5 - 6 PM

YOUNG TEAM PRACTICES

Mondays - Thursdays: 6 - 7 PM

Mariner Program

on the Sol Stern Dock

KAYAK, STAND UP PADDLE & CANOE
ON THE INDIAN CREEK WATERWAY
MONTHLY & DAILY RENTALS AVAILABLE.

Saturdays & Sundays 10 AM - 5 PM

Mondays - Thursdays

6 AM - 30 min before sunset

Fridays

9 AM - 3:30 PM



Jennie Strauss

Swim Gym Program Director swimgym@mbjcc.org | x217

HOLIDAY CLOSINGS

Mon., January 16 • MLK Jr. Day Mon., January 23 • Teacher Work Day Mon., February 20 • President's Day Mon., March 20 - Fri., March 24 Spring Break Wed., April 5 - Thur., April 13 • Passover Break Wed., April 26 • Yom Ha'atzmaut Celebration

I belong here. I belo

Get social with

#mbjcc
and tell everyone
You Belong Here!

Share your story and a picture or video on Social Media!

Tell us your stories, share your memories. We want to hear from you. Why do you love the MBJCC?

Tag @mbjcc whenever you post from or about the MBJCC on Social Media.

Like us on Facebook and Follow us on Instagram Help us Grow a Stronger Social Media Community!



Connect to our Social Media ¶/mbjcc ☑/mbjc