

PARENT PLACE

Monday, August 29 - Friday, December 16

Member Priority Registration: Thursday, August 4 | Community Registration: Thursday, August 11 Registration Closes: Thursday, September 8





WEDNESDAY

14 Week Session

9:30 - 10:15 AM

My Gym with parent

4 - 18 Months

\$490 | Members: \$350

My Gym with parent

18 Months - 3 Years

\$490 | Members: \$350



PARENT/CHILD SWIM 3 MONTHS - (APPROX.) 30 MONTHS

Play games and sing songs so that your child can associate the pool with a fun experience with a parent. Our highly trained instructors provide you with the tools to make your babies strong swimmers and improve both physical and cognitive development. It takes 50 - 100 hours of water time for your child to become a strong swimmer, and most importantly, for you to have piece of mind in and around the water. As your baby grows into a toddler and gains more experience in the water, we continue to teach accelerated skills that go along with a wide selection of games and songs. Through the progression and development, babies/toddlers will learn to protect themselves from danger, and understand and respect the water. They will realize their limits and slowly reach aquatic independence.

FOR MORE INFORMATION, CONTACT SWIMGYM@MBJCC.ORG



GARAGE GREAT

TUESDAY 10 Week Session

10 - 10:45 AM

Yoga Music with parent

0 - 3 Years \$300 | Members: \$210

3:15 - 4 PM 10:30 - 11:15 AM **Tots Gymnastics**

2 - 4 Years \$310 | Members: \$225

4 - 4:45 PM Twinkle Toes with

Mady's Dance Factory 2 - 4 Years Parents welcome \$310 | Members:\$225

> 4 - 4:45 PM Mighty Mites

3 - 4 Years \$305 | Members: \$215

THURSDAY

14 Week Session

9:30 - 10:15 AM

Art & Me with parent 18 Months - 2 Years \$435 | Members: \$315

10:30 - 11:15 AM

Art & Me with parent 2 - 3 Years \$435 | Members: \$315

3 - 3:45 PM

Twinkle Toes

2 - 3 Years

Parents welcome \$420 | Members: \$300

3:15 - 4 PM **Tots Gymnastics**

3 - 4 Years \$435 | Members: \$315

4 - 4:45 PM Jr. Mighty Mites

2 - 3 Years \$425 | Members: \$300

Jenny Mermelszteyn

Director of Camping & Children/Family Programs jenny@mbjcc.org | x210

HOLIDAY CLOSINGS

Tues., October 11 • Sukkot

Tues.. September 27 • Rosh Hashanah Tues., October 4 • Erev Yom Kippur Wed., October 5 • Yom Kippur

Tues., October 18 • Simchat Torah Thurs., November 3 • 10 Year Celebration Tues., November 8 • School Day Out Fri., November 11 • School Day Out Mon., Nov. 21 - Fri., Nov.25 • Thanksgiving Break

ART & ME

Through art children can learn and explore with exciting and messy open-ended unconventional art materials. Little ones learn about colors, textures, and shapes while developing fine motor skills and expressing their creativity. Come dressed to get messy.

MY GYM

My Gym brings extensively trained instructors, fun parent and me classes, flexible programs, beginning gymnastics, games and more.

YOGA

Come ready to share, sing, play, learn yoga poses and creative breathing exercises, and enjoy relaxing connecting time. YoMu is a unique experience combining yoga with the power of live music

TWINKLE TOES

A great introduction to dancing for children just developing their coordination. The teacher guides in a way that makes discovering movement, balance and listening skills easy and fun. This class is an excellent first group activity and opportunity to develop a stronger bond in a fun, safe and nurturing atmosphere.

Mady's Dance Factory aims to provide an uplifting, motivating, and supportive environment where the dancer experiences that joy and **DANCE** transformation on the body and soul that we like to call DANCE.



MIGHTY MITES

Have a blast while learning new games! Children will learn how to run, jump, kick, throw, catch, skip, and much more. This class will help build balance, strength, coordination, and focus on gross motor skills while having lots of fun.

*A parent/designated adult must remain present during each class.

SHARE YOUR MBJCC STORY!

This year we will celebrate 10 years! Tell us your stories, share your memories. We want to hear from you. Why do you love the MBJCC community?

Do you have a class or program that you love? Send us your story and a picture or video to **10years@mbjcc.org** for a chance to be featured! miami beach jcc Celebrating BUILDING FOR THE FUTURE Powered By Community

GET SOCIAL WITH THE #MBJCC:

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