

STAY SAFE WHILE AT OUR PLACE

Please help us stay healthy and safe.

MIAMI BEACH JCC COVID-19 Protocols & Procedures

December 20, 2021



The below protocols and procedures will be reviewed often and adjusted accordingly. Overall reevaluation and assessment will be conducted based upon new recommendations from local authorities and Department of Health.

Our community's health and safety is our top priority. We assure you that we take the threat of COVID-19 very seriously and have implemented additional cleaning and sanitizing practices to ensure a safe environment for our Members, Participants and Staff. We have and will continue to follow recommendations from the CDC, Department of Health, local authorities and best practices from JCC's around the country.

We have taken the following measures to ensure health and safety:

- Using CDC and EPA recommended cleaning procedures in our building
- Increasing cleaning frequency of door handles, stair railings, and high-use surfaces— including fitness equipment, table-tops, restrooms, lunch areas and others.
- An all-inclusive approach to cleaning by members, staff and our maintenance crew.
- Re-evaluating spaces and limiting attendance for programs and classes to allow for recommended physical distancing
- Adding more reminder signs for hand washing and safety procedures around our building
- Adding hand sanitizer stations, wipe dispensers and hand wash stations in high-traffic areas to encourage frequent hand washing and cleaning of surfaces.
- Masks are required for all unvaccinated individuals in Indoor Group Fitness Classes. Masks are recommended for unvaccinated individuals in the Fitness Center, Racquetball Court, Outdoors, and in the Basketball Gym (not during youth programs).
- Masks will continue to be required for everyone in All Youth and Adults/Arts & Culture Programs indoors and recommended outdoors.
- Masks are required for everyone in common areas such as front lobby, elevators, stairwells, hallways, and restrooms/locker rooms.
- Masks are recommended for fully vaccinated individuals in the Fitness Center, Group Fitness Classes, Racquetball Court, Outdoors and in the Basketball Gym (not during youth programs)
Please see pg 2 & 3 for new guidance and protocols regarding masks for vaccinated individuals and exclusions
- Members, Participants and Staff will be required to sign a new waiver - anyone under 18 must have a parent sign the waiver
- Members, Participants and Staff will have his/her temperature taken upon arrival, daily. Temperatures of 100.4 degrees and above will not be allowed to enter (per CDC guidelines).
- Physical-distancing from others (6 ft) is required while using the facility, playing, and working out.
- Members, Participants and Staff are encouraged to wash their hands often while using the facility and to utilize the many hand sanitizer and sanitizing-wipe stations, located throughout.
- A new on-line reservations system "MyJ" is in place for Group Exercise Classes – to ensure that room capacities are adhered to.
- No towel service will be available – we ask that members bring their own towel for pool and/or fitness.
- Kotzen Aquatics Center will be open with our Swimming Pool adhering to reduced capacities and one swimmer per lane.
- At this time our Club K'Ton Ton (babysitting) will not be offered.
- Our Adult and Cultural Art activities will be both virtual and in-person as permissible according to safety guidelines.
- A slight reduction in overall operating hours.

Individuals 65+ and those with underlying medical conditions like high blood pressure, heart problems and diabetes are more likely to develop serious illness. Wash your hands with soap & water. Cover your coughs & sneezes with your arm, not your hands. If you're sick, stay at home & avoid crowds. (Department of Health recommendations)

Communicable Disease Mitigation Plan (COVID-19)

The below protocols and procedures are intended to prevent and mitigate the spread of COVID-19. However, if a positive case of COVID-19 may become evidenced the following steps will be implemented.

- Notification to appropriate local/health authorities.
- The Member, Participant or Staff will be asked to remain at home and self-isolate for at least 10 days. They can return to the MBJCC when a negative PCR test has been received and no symptoms or fever has been present for at least 48 hours without taking fever reducers. (all members in the same household must be negative in order to return).
- The MBJCC will identify, when possible, all who might have come in close contact with the said individual, and will notify them : Those who have been exposed to individuals positive for COVID-19 (less than 6ft apart for more than 15 minutes), will be asked to quarantine for 10 days or get a PCR test on the 5th day after exposure and quarantine for 7 days after exposure, if negative. (at least 10 days of quarantine must be observed if the exposure is occurring within the same household, with a negative test)
- Communication will be sent to Members, Participants and Staff.
- The facility will be additionally sanitized and thoroughly cleaned.
- Closing and reopening of the facility will be subject to local health department recommendations.



Quarantine and Travel Policy

- If an individual is COVID positive or has symptoms they will need to remain home and self-isolate for 10 days. They can return to the MBJCC when a negative PCR test has been received and no symptoms or fever has been present for at least 48 hours without taking fever reducers. (all members in the same household must test negative in order to return.)
- If an individual has been exposed to a COVID positive person (less than 6ft apart for more than 15 minutes), the exposed individual will be asked to quarantine for 10 days or get a PCR test on the 5th day after exposure and quarantine for 7 days after exposure, if negative. (at least 10 days of quarantine must be observed if the exposure is occurring within the same household, with a negative test)
- For individuals who have traveled outside the U.S. (not vaccinated), a 10 day quarantine is required or a PCR test on the 5th day from arrival date to the U.S. and if negative, 7 days of quarantine from the day of arrival in the U.S.

Quarantine Exemption

Individuals who have been **previously COVID-19 positive or fully vaccinated** do not have to quarantine if:

- They have tested positive for COVID-19 within the past 3 months and recovered, as long as they do not develop new symptoms and are not currently COVID-19 positive.
 - Must present previous COVID-19 positive result
- 14 days after they have been fully vaccinated against the disease and show no symptoms.
 - Must present COVID-19 vaccination card

* If the individual is experiencing symptoms or is currently positive for COVID-19 they must adhere to the full quarantine requirements.

** For previously COVID-19 positive individuals if you travel internationally, upon your return, get tested 3-5 days after your trip and stay

home and self-quarantine for a full 7 days after travel, even if your test is negative. If you don't get tested, stay home and self-quarantine for 10 days after travel. For fully vaccinated individuals, please see vaccination section below.

*** Everyone entering the MBJCC should continue to follow all COVID-19 Protocols and Procedures.

For updates and the latest information, please visit our website www.mbjcc.org

Vaccinations

According to CDC guidelines: Fully Vaccinated people can resume activities without wearing a mask or physically distancing, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance. According to CDC guidelines, individual are considered fully vaccinated

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

If you don't meet these requirements, regardless of your age, you are NOT fully vaccinated. Keep following all CDC guidelines until you are fully vaccinated.

If you have a condition or are taking medications that weaken your immune system, you may NOT be fully protected even if you are fully vaccinated. Talk to your healthcare provider. Even after vaccination, you may need to continue to follow all precautions.

You should still watch out for symptoms of COVID-19, especially if you've been around someone who is sick. If you have symptoms of COVID-19, you should get tested and stay home and away from others.

Protocols & Procedures for Fully Vaccinated Individuals at the MBJCC facility:

? See Schedule [d/w] Ya d

- Unvaccinated individuals in Indoor Group Fitness Classes.
- Everyone in All Indoor Youth and Adults/Arts & Culture Programs and in common areas such as front lobby, elevators, stairwells, hallways, and restrooms/locker rooms

? See Schedule _ _ W V W Ya d

- Unvaccinated individuals in the Fitness Center, Racquetball Court, Outdoors, and in the Basketball Gym (not during youth programs).
- Fully vaccinated individuals in the Fitness Center, Group Fitness Classes, Racquetball Court, Outdoors and in the Basketball Gym (not during youth programs).
- Everyone in All Outdoor Youth and Adults/Arts & Culture Programs
- Individuals who have been **fully vaccinated do not have to quarantine if:**
 - 14 days after they have been fully vaccinated against the disease and show no symptoms. (Must present COVID-19 vaccination card)
 - If the individual is experiencing symptoms or is currently positive for COVID-19 they must adhere to the full quarantine requirements.
- **If you've have been exposed with someone who has COVID-19, you should get tested 3-5 days after your exposure, even if you don't have symptoms. Please wait to receive a negative result to come back to the MBJCC. If you test positive, please follow all of the quarantine procedures outlined in our guidelines.**
- If you travel internationally, upon your return, get tested 3-5 days after your trip; no quarantine is required. Self-monitor for COVID-19 symptoms; isolate if you develop symptoms.

Extra cleaning and sanitization

The entire facility has been properly cleaned and sanitized by our cleaning company Service Keepers Maintenance, Inc, before opening and will be continuously and systematically cleaned throughout the day. Service Keepers Maintenance, Inc. is a privately owned and operated commercial facility maintenance and janitorial firm that has been providing socially responsible services in South Florida for over thirty years. They are long-standing Members of BSCAI and ISSA, the two largest worldwide cleaning organizations that track industry trends, data, and facility maintenance best practices. They were one of the first 200 organizations in the world to get certified by CIMS GB (Green Building) with Honors. All of their disinfectants are EPA compliant including the Total Release foggers which can be used to eliminate 99.99% of germs within 20 minutes of a reported issue. Service Keepers Maintenance has been certified by the Global Biorisk Advisory Council (GBAC) to prepare for, respond to and recover from biohazards in the workplace resulting from COVID-19 infection, as well as the implementation of contamination control measures for infectious disease outbreak situations such as the novel coronavirus (SARS-CoV-2). In addition, the staff has been trained to safeguard the health of staff and visitors by cleaning and disinfecting high-touch points such as door handles, elevator buttons, table tops, restrooms, fitness equipment, lunch areas, classrooms and other environmental surfaces that will be cleaned multiple times throughout the day. The Service Keepers Team practices cleaning for health initiative with a focus on 3 stages: clean, measure and monitor.



Face covers/masks must be worn upon entering the facility



Masks are required for:

- o Unvaccinated individuals in Indoor Group Fitness Classes.
- o Everyone in All Indoor Youth Programs and Adults/Arts & Culture and in common areas such as front lobby, elevators, stairwells, hallways, and restrooms/locker rooms

Masks are recommended for:

- o Unvaccinated individuals in the Fitness Center, Racquetball Court, Outdoors, and in the Basketball Gym (not during youth programs).
- o Fully vaccinated individuals in the Fitness Center, Group Fitness Classes, Racquetball Court, Outdoors and in the Basketball Gym (not during youth programs).
- o Everyone in All Outdoor Youth and Adults/Arts & Culture Programs

Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance. Face coverings can be removed outdoors as long as physical distancing of at least 6 ft is maintained, individuals involved in swimming are not required to wear a face cover, but must remain 6 ft apart.

Facility Hours of Operation

Monday – Thursday: 5:30 AM – 8:30 PM

Friday: 5:30 AM – 6 PM

Saturday: 8 AM – 5 PM

Sunday: 7 AM – 5 PM

Aquatics

Mondays - Thursdays: 6 AM - 8 PM

Fridays: 6 am - 5:30 PM

Saturdays: 8:30 AM - 4:30 PM

Sundays: 7:30 AM - 4:30 PM

Swimming Lap Lanes and Free Swim by Reservation Only (See "My J" app instructions below)

Club K' Ton Ton

Currently Closed

Playground

Playground is open.

Racquetball

Monday – Thursday: 6 AM - 8 PM

Friday: 6 AM – 6 PM

Saturday: 8 AM – 5 PM

Sunday: 7 AM – 5 PM

Parking Lot

- Cars will enter through the south side entrance gate and exit through the north side exit gate.
- Valet services available:
 - Monday - Thursday: 8:30 - 11:30 AM and 3:30 - 6:30 PM
 - Friday 8:30 - 11:30 AM
 - Saturday and Sunday: No Valet

Walk Up Pedestrian Gates in the Parking Lot

- South Pedestrian Gate - will be used to Enter the parking lot only.
- North Pedestrian Gate (in the middle of the parking lot) – will be used to Exit the parking lot only.

Facility Entrance and Exit

All members, participants and staff will

- "Enter Only" the facility through the South doors
- "Exit Only" through the North doors.



Main Lobby

Upon entry all members, participants and staff

- Will have their temperature taken. Anyone presenting a temperature of more than 100.4F or flu like symptoms (based on CDC guidelines) will be asked to leave the facility.
- The Service Desk staff will be facilitating screenings and temperature checks.
- Members, Participants and Staff will need to sign a new one-time facility waiver before returning to the MBJCC.
- Physical distancing markers on the lobby floor designate proper line up procedures by the service desk and camp/membership office.
- Signage is placed around the facility to remind everyone to stay safe and practice physical distancing.
- Arrows are placed in hallways and stairs to designate direction and proper flow.
- Masks are required in the main lobby for everyone.

Example Signage:

STAY SAFE WHILE AT OUR PLACE
Please help us stay healthy and safe.

HANDWASHING

1. Wet your hands with warm, running water.
2. Apply soap, scrub hands & wrists for at least 20 seconds.
3. Rinse with warm, running water.
4. Dispense on paper towel.
5. Dry hands & turn off faucet with paper towel then dispose.
6. Remember to wash your hands whenever they are dirty.

JCC

Welcome back, we've missed you!

STAY SAFE WHILE AT OUR PLACE
Please help us stay healthy and safe.

ENTRANCE ONLY

JCC

STAY SAFE WHILE AT OUR PLACE
Please help us stay healthy and safe.

EXIT ONLY

JCC

Welcome back, we've missed you!

STAY SAFE WHILE AT OUR PLACE
Please help us stay healthy and safe.

WEAR A CLOTH FACE COVER
(NOT REQUIRED IF 6 FEET APART DURING EXERCISING, SWIMMING OR OUTDOORS)

STAY 6 FEET APART

WASH YOUR HANDS

DO NOT TOUCH YOUR FACE

COVER COUGHS AND SNEEZES

You belong here.

JCC
Galbut Family Miami Beach
Simkins Family Campus

STAY SAFE WHILE AT OUR PLACE
Please help us stay healthy and safe.

Please be prepared to answer a health questionnaire and have your temperature taken.

*MBJCC reserves the right to refuse entrance to individuals that exhibit COVID-19 symptoms and exposure.

JCC

NEW MASK POLICY!
The MBJCC updated its COVID-19 policies as follows:

Masks are required for:

- **Unvaccinated individuals** in Indoor Group Fitness Classes.
- **Everyone in All Indoor Youth and Adults/Arts & Culture Programs** and in common areas such as front lobby, elevators, stairwells, hallways, and restrooms/locker rooms.

Masks are recommended for:

- **Unvaccinated individuals** in the Fitness Center, Racquetball Court, Outdoors, and in the Basketball Gym (not during youth programs).
- **Fully vaccinated individuals** in the Fitness Center, Group Fitness Classes, Racquetball Court, Outdoors and in the Basketball Gym (not during youth programs).
- **Everyone in All Outdoor Youth and Adults/Arts & Culture Programs**

JCC



Service Desk

- Acrylic sneeze guards have been placed at the service desk for the protection of the staff and members/participants.
- The staff will take precautions to provide a contactless service when possible. Frequently wiping surfaces, pens, phones and other high-touch objects.
- Please line up on the designated markers (6ft apart from others) if you require any assistance.

Membership Enrollment | Tours | Registration | Guests | Payments

When/where possible, we will make accommodations to provide a contactless service. Youth class registration is available through our website www.mbjcc.org - to schedule a tour contact Nicole Linares, Membership Director at nicolel@mbjcc.org.

Guests may purchase a guest pass, one-time use of the Mariner Program, or other classes that have a drop-in option available. Guest will not have access to fitness classes at this time. If guests would like to play basketball, please contact Joe Campodonico at joe@mbjcc.org to arrange.

All guest are subject to the same safety protocols and procedures as all members and staff entering the facility (health questionnaires, temperature checks, waiver forms, travel policy and others). Guests will only be able to attend the facilities that are open during our scheduled times.

Membership & Registration Office

Located to the right of the service desk. If you need assistance with membership, please inquire at the service desk and a membership representative will come out to assist you. If you need assistance with registering, please inquire at the service desk and a staff member will come out to assist you.

***For your safety and the safety of our staff, Members and Participants will not be allowed to enter the membership or registration office. Please line up at the proper markers (6 feet apart from others) and our staff will assist you.**

If you require assistance from any of the MBJCC administrative/supervisory staff, please inquire at the serve desk and the staff member will meet you in the lobby.

Turnstile | Lobby Gate | Entrance/Exit

- As you enter the facility please follow the designated markers for directions to enter and exit.
- Swipe your key fob or check in at the service desk to enter the facility.
- Please be courteous to others and allow proper physical distancing of 6ft to enter and exit.
- Masks are required as you enter the facility.

Staircases | Hallways & Elevators

- Please follow designated markers for directional flow of walking up and down the stairs and through the hallways.
- Elevator capacity is limited to 2 patrons at a time. Please be courteous and allow those riding the elevator to exit first with proper physical distancing of 6ft before stepping inside, as well as while walking through out the facility.
- Masks are required in staircases, hallways and elevators for everyone.

Facility Rentals and Children's Birthday Parties

The MBJCC will allow the rental of specific rooms for various occasions and children's birthday parties to take place, on a limited bases. All rentals/parties will adhere to all of the COVID-19 protocols and procedures set by the MBJCC.



Locker Rooms | Restrooms | Extra Hand Wash Stations & Water Fountains

- Locker rooms and restrooms will be used based on the allowed capacity posted inside each area. Please adhere to the capacity guidelines and wash your hands frequently.
- Showers are open.
- Face Covers/masks and 6 ft distance is required as much as possible during locker room and shower usage.
Please see pg 2 & 3 for new guidance and protocols regarding masks for vaccinated individuals and exclusions
- Extra hand wash stations have been installed by the field, pool deck and playground for members, participants and staff to use.
- Water fountains are open for general drinking and sanitized/ cleaned often. Please use the refill function with your own water bottle whenever possible.

Gymnastics Studio

- Children and staff will enter and exit the studio from the pool deck and wash their hands before and after practice.
- Equipment will be sanitized often by staff and the maintenance team.
- Face Covers/masks and 6 ft distance is required as much as possible, except while engaged in an activity that could be potentially dangerous or harmful (such as on apparatus).
- Hand sanitizer and sanitizer-wipe dispenser have been placed in the studio to allow participants and staff to often clean their hands and sanitize high-touch points.
- Parents will not be allowed to enter the room unless instructed to do so to accompany younger children.
- Children must bring their own chalk bucket.

Playground

The playground is open. Please adhere to capacity guidelines posted. Face Covers/masks recommended as well as 6ft of distance between members from different households. Children and Adults should wash their hands before and after playground usage. Hand wipes/sanitizer are provided at the playground. A wash station can be located by the locker room entrance on the pool deck.

Field

- Please enter/exit the field through the designated doors marked as entrance only or exit only.
- Masks are required for all unvaccinated individuals in Indoor Group Fitness Classes. Masks are recommended for unvaccinated individuals in the Fitness Center, Racquetball Court, Outdoors, and in the Basketball Gym (not during youth programs).
- Masks will continue to be required for everyone in All Youth and Adults/Arts & Culture Programs indoors and recommended outdoors.
- Masks are required for everyone in common areas such as front lobby, elevators, stairwells, hallways, and restrooms/locker rooms.
- Masks are recommended for fully vaccinated individuals in the Fitness Center, Group Fitness Classes, Racquetball Court, Outdoors and in the Basketball Gym (not during youth programs)
Please see pg 2 & 3 for new guidance and protocols regarding masks for vaccinated individuals and exclusions
- Please refrain from close contact games or interactions with others from outside your household and bring your own ball.

Basketball Gym

- Please enter/exit the Basketball Gym through the designated doors marked as entrance only or exit only.
- Masks are required for all unvaccinated individuals in Indoor Group Fitness Classes. Masks are recommended for unvaccinated individuals in the Fitness Center, Racquetball Court, Outdoors, and in the Basketball Gym (not during youth programs).
- Masks will continue to be required for everyone in All Youth and Adults/Arts & Culture Programs indoors and recommended outdoors.
- Masks are required for everyone in common areas such as front lobby, elevators, stairwells, hallways, and restrooms/locker rooms.
- Masks are recommended for fully vaccinated individuals in the Fitness Center, Group Fitness Classes, Racquetball Court, Outdoors and in the Basketball Gym (not during youth programs)
Please see pg 2 & 3 for new guidance and protocols regarding masks for vaccinated individuals and exclusions
- If you are observing or awaiting participants, please continue to wear a cloth face cover/mask.
- Please refrain from close contact games or interactions with others from outside your household and bring your own ball.

Classrooms/Multipurpose Rooms

- Classrooms and multipurpose rooms are reserved for programs.
- Hand sanitizer and sanitizer-wipe dispensers have been placed to allow participants and staff to often clean their hands and sanitize high-touch points.
- Masks are required for all unvaccinated individuals in Indoor Group Fitness Classes. Masks are recommended for unvaccinated individuals in the Fitness Center, Racquetball Court, Outdoors, and in the Basketball Gym (not during youth programs).
- Masks will continue to be required for everyone in All Youth and Adults/Arts & Culture Programs indoors and recommended outdoors.
- Masks are required for everyone in common areas such as front lobby, elevators, stairwells, hallways, and restrooms/locker rooms.
- Masks are recommended for fully vaccinated individuals in the Fitness Center, Group Fitness Classes, Racquetball Court, Outdoors and in the Basketball Gym (not during youth programs)
Please see pg 2 & 3 for new guidance and protocols regarding masks for vaccinated individuals and exclusions
- Limited capacity will be allowed in each room.



Racquetball Court

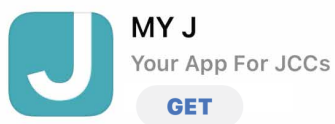
- Advanced registration is required, please call 305-534-3206 and speak with a service desk representative.
 - Physical distancing is recommended as much as possible.
 - Singles play. Only 2 players at a time.
 - Masks are required for all unvaccinated individuals in Indoor Group Fitness Classes. Masks are recommended for unvaccinated individuals in the Fitness Center, Racquetball Court, Outdoors, and in the Basketball Gym (not during youth programs).
 - Masks will continue to be required for everyone in All Youth and Adults/Arts & Culture Programs indoors and recommended outdoors.
 - Masks are required for everyone in common areas such as front lobby, elevators, stairwells, hallways, and restrooms/locker rooms.
 - Masks are recommended for fully vaccinated individuals in the Fitness Center, Group Fitness Classes, Racquetball Court, Outdoors and in the Basketball Gym (not during youth programs)
- Please see pg 2 & 3 for new guidance and protocols regarding masks for vaccinated individuals and exclusions*
- Wash your hands before and after playing, and leave the court door open upon leaving.
 - Consecutive time reservations will not be permitted, to allow for proper cleaning and ventilation of the court.

Fitness Facility

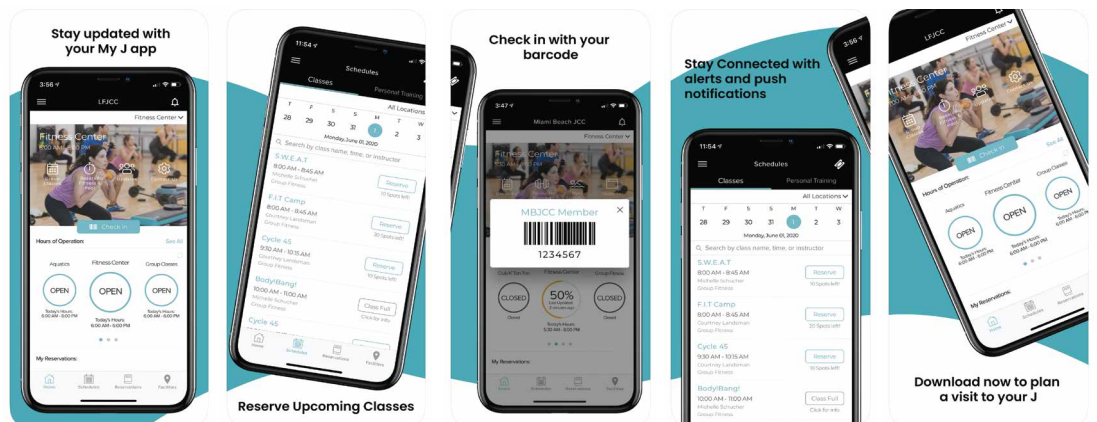
- The schedule will be updated on a session basis.
 - For group exercise classes, advanced registration is required at no extra fee. Please use the phone app "My J" to register and check in at the front desk upon entering.
 - Towel service for gym or bath towels is suspended at this time. Please bring your own towels.
 - Masks are required for all unvaccinated individuals in Indoor Group Fitness Classes. Masks are recommended for unvaccinated individuals in the Fitness Center, Racquetball Court, Outdoors, and in the Basketball Gym (not during youth programs).
 - Masks will continue to be required for everyone in All Youth and Adults/Arts & Culture Programs indoors and recommended outdoors.
 - Masks are required for everyone in common areas such as front lobby, elevators, stairwells, hallways, and restrooms/locker rooms.
 - Masks are recommended for fully vaccinated individuals in the Fitness Center, Group Fitness Classes, Racquetball Court, Outdoors and in the Basketball Gym (not during youth programs)
- Please see pg 2 & 3 for new guidance and protocols regarding masks for vaccinated individuals and exclusions*
- Locker rooms will be open at a limited capacity.
 - Members will be asked to wipe down the fitness equipment. Cleaning of areas will be a team effort between members, staff and our maintenance team.
- *Please be safe and courteous to others while exercising and using our facility and practice physical distancing and safe hand hygiene.

Fitness Center

- The door closer to the west side of the building will be used to Enter Only, the double doors closer to the east side of the building will be used to Exit only. Members must adhere to physical distance guidelines of 6ft while using the fitness center.
- A limited capacity will be allowed at a time. Members must wait downstairs in the lobby or outside for an available space.
- All equipment is available for use but members must adhere to the 6ft distancing rule. Members will not be allowed to use fitness equipment/machines next to each other, unless from the same family.
- Members must wipe all equipment, plates, dumbbells, mats, weights and fitness accessories used before returning them.
- Additionally, fitness attendants will spray and wipe equipment, mats and weights and maintenance will clean the entire room multiple times throughout the day.
- No spotting or partner/group workouts allowed.
- A fitness attendant will be present to enforce the new procedures and protocols at all times. Members not following the guidelines will be asked to leave.



1. Download from App
2. Open app and login with email associated with your MBJCC membership.
3. Create your password and start using the app.



Personal Training

Please contact our Fitness Director, Stacey Hatch (stacey@mbjcc.org) for further information and to schedule your sessions.

Pilates Reformer Studio

- A maximum of 3 people per class will be allowed at a time.
- Members must wipe down the reformer in full and any other equipment used.
- Maintenance will conduct an additional cleaning of the entire room after each class.

Cycle Studio

- A maximum of 15 members will be allowed at a time.
- Advanced registration is required. No walk-ins allowed. Download the "My J" app on your phone to register.
- The instructors will assign bike seats.
- All Classes will be scheduled to allow for 15 minutes of cleaning in between classes.
- Members must wipe down their bike in entirety after class, before exiting.
- Maintenance will conduct an additional cleaning of the entire room after each class.

Group Fitness (Dance Studio, Field, Pilates Studio)

Advanced registration required through "My J" app.

- A maximum of 10- 15 members (depending on class type) will be allowed at a time.
- Advanced reservation is required at no extra fee. No walk-ins allowed or wait list allowed. Only those registered will be granted access. Download the "My J" app on your phone to register.
- All Classes will be scheduled to allow for 15 minutes of cleaning in between classes.
- Members must wipe down all their equipment and must exit the studio immediately after class.
- Members are encouraged to bring their own yoga mats.
- Maintenance will conduct an additional cleaning of the entire room after each class.

Aquatics Center and Pool Deck

Through the "My J" app.

- All classes, lap lanes and open swim require advanced registration. **ABSOLUTELY NO WALK-INS WILL BE ALLOWED.** At this time a wait list will not be available. If you are not pre-registered then you will not be granted access. Please do not show up if you are not registered. **ONLY ACTIVE MEMBERS ARE ABLE TO REGISTER.**
- Masks are required for all unvaccinated individuals in Indoor Group Fitness Classes. Masks are recommended for unvaccinated individuals in the Fitness Center, Racquetball Court, Outdoors, and in the Basketball Gym (not during youth programs).
- Masks will continue to be required for everyone in All Youth and Adults/Arts & Culture Programs indoors and recommended outdoors.
- Masks are required for everyone in common areas such as front lobby, elevators, stairwells, hallways, and restrooms/locker rooms.
- Masks are recommended for fully vaccinated individuals in the Fitness Center, Group Fitness Classes, Racquetball Court, Outdoors and in the Basketball Gym (not during youth programs)
Please see pg 2 & 3 for new guidance and protocols regarding masks for vaccinated individuals and exclusions
- Maintain 6 feet distance in and out of the water
- Wash your hands before and after swimming
- Refrain sitting with others around the pool who are outside of your household
- One swimmer per lane for lap swimming
- Wait to be directed to the correct area of the pool, if attending swim classes, the instructor will direct you to the proper area
- Children who are unable to pass the swim test, posted at entrance to pool, and behind our information board by pool side, must be accompanied by a family member in the water to assist with the lesson under the direction of the instructor
- Parent and child classes will be limited to 4-6 per instructor in the splash area dependent upon if other classes will be in session
- Waterfront activities (kayaking, canoeing, stand up paddle) **follow** the same guidelines - Please reserve with the service desk (additional fees apply):
 - o Maintain 6 feet distance in and out of the water
 - o Follow markings on dock
 - o Lifeguard must prepare the vessel
 - o Life jackets, paddles and vessels must be disinfected



Adults/ Arts & Culture Programs

Will be held virtually and in-person as permissible by safety guidelines. Masks are required for everyone for all indoor programs and recommended for everyone for outdoor programs. Please refer to our website www.mbjcc.org/stayconnected for up-to-date schedules and information.



MBJCC Youth Programs and Classes COVID-19 Protocols & Procedures

During the hours of 3 PM - 6 PM the following areas will be designated for youth classes: Basketball gym, field, dance studio, gymnastics studio, art studio, childcare room, family (parenting) Room, MP1+2, MP3 & MP4.

Youth Programs Carpool Procedures

3 - 6 PM

*Carpool times are very busy. Please be slow, patient and cautious when driving on to our campus. Please refrain from cell phone use when AM/PM carpool is in session.

***Cloth face masks must be worn by parents, children and staff.**

Drop Off/Pick Up

Parents should drive through the south side entrance gate towards the right lane closer to the building and proceed through the lane as guided by MBJCC staff until directed to stop. Cars will not be allowed to get in or out of the line. Cars that are not part of carpool should make the immediate left turn upon entering, to park in the designated parking spots. At drop off, the staff are responsible for getting your child out of the car and taking him/her to their program. At pick up, staff will walk out children to their parents' car. Please pull up to designated area and wait for a counselor to greet you and your child. Please be patient.

In the lobby: Upon arrival your child's temperature will be taken.

Please note:

- Only one lane is available for drop off and pick up.
- No Parking on the Pine Tree Dr. median.
- Carpool traffic must stay in right lane (East lane) of Pine Tree Dr.
- No blocking of intersection or driveways.

The following safety measuring are being implemented:

- Limited spaces available in all programs
- Drop off/Pick up your children by carpool only - A staff member will be available at designated program start/end times to walk your child
- No parent observation of classes, unless parent participation is required in the class
- Bring your own water bottle - Water fountains are for refill purposes only and closed for general drinking
- Daily health screenings and temperature checks - download the "LiveSafe" app to fill out the MBJCC's Digital Health Questionnaire
- Everyone is required to wear a face covering
- Please practice physical distancing
- If traveled outside of the United States, a 10 day quarantine is required or a PCR test on the 5th day from arrival date to United States and if negative, 7 days of quarantine from the day of arrival in the United States.
- COVID-19 exposure (Less than 6 ft apart for 15 min.) requires either quarantine for 10 days or a PCR test on the 5th day from exposure and if negative, 7 days of quarantine from the day of exposure.

TRANSPORTATION:

- Temperature checks prior to loading the bus.
- Students, Staff and Bus driver will be required to wear face covers/masks at all times, including the bus ride and at any facility.
- Limited spots available.
- The bus will be loaded from the back rows to the front rows.
- The bus will be sanitized prior to pick up at the school and after.
- No food will be allowed on the bus at anytime.
- The windows of the bus will be closed, except for one in the back and one in the front to help with circulation and function of the air conditioning.
- A counselor will always be on the bus. The counselor will always have a backpack with extra supplies in case needed, such as an extra thermometer, disposable face masks, gloves, hand sanitizer, disinfectant wipes.
- Signs will be installed in the school bus to remind everyone to follow the COVID-19 safety protocols and remain physically distance.
- Please note, if a student from a transportation route is exposed to COVID-19 or tests positive, all the students in that specific route will need to quarantine for 10.
- Advanced Registration required.
- Minimum registration is required to provide a transportation route.

Registration Office

Located to the right of the service desk. If you need assistance with youth programs and program registration please inquire at the service desk and a representative will come out to assist you.

Facility Rentals and Children's Birthday Parties

The MBJCC will allow the rental of specific rooms for various occasions and children's birthday parties to take place, on a limited bases. All rentals/parties will adhere to all of the COVID-19 protocols and procedures set by the MBJCC.

***For your safety and the safety of our staff, Members and Participants will not be allowed to enter the membership or camp office. Please line up at the proper markers (6 feet apart from others) and our staff will assist you.**

The MBJCC staff and supervisors will have final discretion to ensure the above protocols and procedures are followed.

MIAMI BEACH JCC

COVID-19 Protocols & Procedures

