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UPDATED  
8/7/23

**ART & ME**

Through art children can learn and explore with exciting and messy open-ended unconventional art materials. Little ones learn about colors, textures, and shapes while developing fine motor skills and expressing their creativity. Come dressed to get messy.

**YOGAMUSIC**



Come ready to share, sing, play, learn yoga poses and creative breathing exercises, and enjoy relaxing connecting time. YoMu is a unique experience combining yoga with the power of live music

**MINI BALLET/TINY HIP HOP**

A great introduction to dancing for children just developing their coordination. The teacher guides in a way that makes discovering movement, balance and listening skills easy and fun. This class is an excellent first group activity and opportunity to develop a stronger bond in a fun, safe and nurturing atmosphere. *Leotard/shirt included.*

**LITTLE TUMBLERS**

This gymnastics class offers an age-appropriate introduction to gymnastics using creative expression and movement through the use of playful games and all of the gymnastics equipment with lots of parental hands-on assistance. Parental involvement provides toddlers with a comfortable environment in preparation for the transition to independent gymnastics classes. Children will bounce, swing, and roll their way through this class.

**ZUMBINI**

Zumbini is a high energy, fun, original, contemporary take on music and movement program. Children experience with a caregiver the ultimate bonding experience! Come ready to move and shake!

**TOT GYMNASTICS**

Children are introduced to each gymnastics apparatus and taught introductory gymnastics skills and body positions that help develop coordination, balance, strength, and body awareness. Children will also learn valuable social skills, such as working with a group, waiting your turn, listening to directions, and following directions.

**JR./MIGHTY MITES**

Have a blast while learning new games! Children will learn how to run, jump, kick, throw, catch, skip, and much more. This class will help build balance, strength, coordination, and focus on gross motor skills while having lots of fun.  
\*Jr.: An adult must remain present during each class.

**NO CLASSES:**

- SEPT 4 – Labor Day
- SEPT 25 – Yom Kippur
- NOV 20-24: Thanksgiving Break

**PARENT PLACE**

August 28 - December 15

Member Priority Registration : Wednesday, August 9 | Community Registration: Wednesday, August 16



REGISTER

**MONDAY**

13 Week Session

<b>9:30- 10:15 AM</b> Little Tumblers	13 - 24 Months	\$455   M: \$325
<b>10:30- 11:15 AM</b> Little Tumblers	2 - 4 Years	\$455   M: \$325
<b>4 - 4:45 PM</b> Mighty Mites w/ Ms. Barbi	2 - 3 Years	\$455   M: \$325

**TUESDAY**

15 Week Session

<b>10 - 10:45 AM</b> YogaMusic	0 - 3 Years	\$525   M: \$375
<b>3:15 - 4 PM</b> Art & Me	2 - 4 Years	\$540   M: \$390
<b>3:15 - 4 PM</b> Mini Ballet	2 - 4 Years	\$595   M: \$445
<b>3:15 - 4 PM</b> Tots Gymnastics	3 - 4 Years	\$525   M: \$375
<b>4:15 - 5 PM</b> Mighty Mites w/ Coach Felipe	3 - 4 Years	\$525   M: \$375

**WEDNESDAY**

15 Week Session

<b>9:15- 9:55 AM</b> Zumbini	1 - 3 Years	\$555   M: \$405
<b>3:15- 4 PM</b> Zumbini	2 - 4 Years	\$555   M: \$405
<b>4 - 4:45 PM</b> Mighty Mites w/ Ms. Barbi	2 - 4 Years	\$525   M: \$375

**THURSDAY**

15 Week Session

<b>9:30- 10:15 AM</b> Art & Me	18 - 24 Months	\$540   M: \$390
<b>10:30- 11:15 AM</b> Art & Me	2 - 3 Years	\$540   M: \$390
<b>3:15 - 4 PM</b> Tiny Hip Hop	3 - 4 Years	\$580   M: \$430
<b>3:15 - 4 PM</b> Tots Gymnastics	3 - 4 Years	\$525   M: \$375
<b>4:30 - 5:15 PM</b> Jr. Mighty Mites w/ Coach Felipe	2 - 3 Years	\$525   M: \$375

**PARENT/CHILD SWIM**

3 - 30 Months (Approx.)

Play games and sing songs so that your child can associate the pool with a fun experience with a parent. Our highly trained instructors provide you with the tools to make your babies strong swimmers and improve both physical and cognitive development.



TO FIND OUT MORE ABOUT PARENT/CHILD SWIM, CONTACT [SWIMGYM@MBJCC.ORG](mailto:SWIMGYM@MBJCC.ORG)



**NEW!** COMING THIS FALL

**FOR 2's AND 3's**

**SPOTS ARE LIMITED  
SECURE YOUR'S TODAY!**

Contact our Director, Rosalynd Sejas at [rosalynd@mbjcc.org](mailto:rosalynd@mbjcc.org) or x221.



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