

SWIM ACADEMY

August 28, 2023 - May 24, 2024

7 -11 YEARS

Swim Gym at the MBJCC has prepared an exclusive competitive program to improve advanced stroke techniques and turns to swim competitively. Swim Team will help swimmers refine their performance through improved swim, dive and turn techniques in all four swimming strokes: freestyle, backstroke, breaststroke and butterfly.

FEES

\$1,800 | Members: \$1,500
Quarterly payments available.

ENTRY LEVEL

PRACTICES

Mondays & Wednesdays
4 - 5 PM

PRE TEAM

PRACTICES

Mondays - Thursdays
5 - 6 PM

PRE TEAM PRE-REQ'S

Kick 8 x 25's	Swim 8 x 25's
• 2 Butterfly Kicks	• 2 Butterfly Swim
• 2 Backstroke Kicks	• 2 Backstroke Swim
• 2 Breaststroke Kicks	• 2 Breaststroke Swim
• 2 Freestyle Kicks	• 2 Freestyle Swim

YOUNG TEAM

PRACTICES

Mondays - Thursdays:
6 - 7 PM

YOUNG TEAM PRE-REQ'S

Must have been in Pre Team and evaluated by the Coaching Staff



DROP-IN HOMEWORK CLUB

For 4 PM & 5 PM classes

Students can drop in to Homework Club for a one hour time block either before or after their scheduled classes.

Mondays: \$220 | Members: \$185
Tuesdays: \$255 | Members: \$210
Wednesdays: \$255 | Members: \$210
Thursdays: \$255 | Members: \$210
Fridays: \$255 | Members: \$210



TRANSPORTATION FROM SCHOOL

If your child is enrolled in transportation, once they arrive at the MBJCC they must be enrolled in an activity, Drop-in Homework Club or must be picked up as soon as they arrive. Children are not allowed to be alone at the MBJCC.

Mondays: \$220 | Members: \$185
Tuesdays: \$255 | Members: \$210
Wednesdays: \$255 | Members: \$210
Thursdays: \$255 | Members: \$210
Fridays: \$255 | Members: \$210

North Beach, Ruth K Broad & TBS
M, Tu, Th & F: 2 & 3:05 PM/W: 2 PM
Casa Dei Bambini & St. John
M - F : 2:45 PM

Lehrman
M - Th: 3:30 PM /F: 2:40 PM
*Inquire for additional schools

REGISTRATION:

Available on a limited basis and requires its own registration at mbjcc.org/transportation.

