

WINTER 2022 SESSION

Sunday, January 10 - Friday, March 18

PARENT PLACE

To register for programs, access the latest schedules or find up-to-date information, visit **mbjcc.org**

MONDAY

8 Week Session

9:15 - 10 AM

Lil' Tumblers

13 - 24 Month \$235 | Members: \$170

10:15 - 11 AM

Tots

3 - 4 Years \$465 | Members: \$340 Drop off class Follows the Gymnastics Schedule 16 Weeks

4 - 4:45 PM

Twinkle Toes

3 - 4 Years Drop off class \$225 | Members: \$160

TUESDAY

10 Week Session

10 - 10:45 AM

Yoga Music

0 - 3 Years With parent \$270 | Members: \$190 Outdoor and indoor activities included, weather permitting.

3:15 - 4 PM

Tots

3 - 4 Years \$525 | Members: \$380 Drop off class Follows the Gymnastics Schedule 18 Weeks

Visit mbjcc.org for all COVID-19 safety procedures implemented

WEDNESDAY

10 Week Session

9:15 - 10 AM

Lil' Tumblers

2 - 3 Years \$290 | Members: \$210

10:15 - 11 AM

Tots

3 - 4 Years \$525 | Members: \$380 Drop off class Follows the Gymnastics Schedule 18 Weeks

THURSDAY

10 Week Session

9:30 - 10:15 AM

Art & Me

18 Months - 2 Years With parent \$290 | Members: \$210 Outdoor and indoor activities included, weather permitting.

10:30 - 11:15 AM

Art & Me

2 - 3 Years With parent \$290 | Members: \$210 Outdoor and indoor activities included, weather permitting.

3 - 3:45 PM

Twinkle Toes

2 - 3 Years Parents welcome \$280 | Members: \$200

3:15 - 4 PM

Tots

3 - 4 Years \$495 | Members: \$260 Follows the Gymnastics Schedule 17 Weeks

4 - 4:45 PM

Twinkle Toes

3 - 4 Years Drop off class \$280 | Members: \$200



Parent Place



Gymnastics



Art

0 - 3 Years



Yoga



Dance





Jenny Mermelszteyn

Director of Camping & Children/Family Programs jenny@mbjcc.org | x210

HOLIDAY CLOSINGS

\Monday, January 17 • MLK Jr. Day Friday, January 21 • Teacher Work Day Monday, February 21 • President's Day Friday, March 26 • Teacher Planning Day Monday, March 21 - Friday, March 25 • Spring Break Friday, April 15 - Friday, April 22 • Passover Break Thursday, May 5 • Yom Ha'atzmaut Celebration Monday, May 30 • Memorial Day Weekend Monday, June 6 • Shavuot

GYMNASTICS

LIL' TUMBLERS

PREREQUISITE: MUST BE WALKING*

This gymnastics class offers an age-appropriate introduction to gymnastics using creative expression and movement through the use of playful games and all of the gymnastics equipment with lots of parental hands-on assistance. Parental involvement provides toddlers with a comfortable environment in preparation for the transition to independent gymnastics classes. Children will bounce, swing, and roll their way through this class.

TOT GYMNASTICS

Children are introduced to each gymnastics apparatus and taught introductory gymnastics skills and body positions that help develop coordination, balance, strength, and body awareness. Children will also learn valuable social skills, such as working with a group, waiting your turn, listening to directions, and following directions.



YOGA

Come ready to share, sing, play, learn yoga poses and creative breathing exercises, and enjoy relaxing connecting time. YoMu is a unique experience combining yoga with the power of live music.

Outdoor and indoor activities included, weather permitting.

YoMu was created by Cynthia Zak Preuss, a certified yoga and music teacher, as well as singer, writer, songwriter and mom of three beautiful kids. Her first children's book is already on the market.

Cynthia shares YoMu with kids, adults, families, babies and at schools all around Miami. For more information visit allanahatayoga.com or elmaestroerestu.com.

ART

ART & ME

Through art children can learn and explore with exciting and messy open-ended unconventional art materials. Little ones learn about colors, textures, and shapes while developing fine motor skills and expressing their creativity. Come dressed to get messy.

Outdoor and indoor activities included, weather permitting.

DANCE

TWINKLE TOES - BALLET & JAZZ

Your child will learn the beautiful art of dancing and will be guided in a playful way to dance, move, jump and run with harmony and grace. Activities will improve gross motor skills, coordination and balance as they discover and explore the world of dance. *All students are required to wear uniforms: Pink Leotard, pink tights, pink ballet shoes, hair in a bun with a hair net.

CUSTOMIZED SWIM

In a hurry to see your child learn to swim? This alternative may help your child to accelerate the learning process. Our private lessons o er a one swimmer to one teacher ratio. We have the best teachers that will guide people of all ages, from baby to adult, through Swim Gym's specialized learn-to-swim program.

PRIVATE SWIM

Private 20 Minutes

10 Lessons: \$320 | Members: \$250 Single lesson: \$40 | Members: \$30

Private 40 Minutes

10 Lessons: \$610 | Members: \$480 5 Lessons: \$320 | Members: \$250 Single lesson: \$75 | Members: \$60

Private 60 Minutes

\$120 | Members: \$90

60-Minute Video Tape \$130 | Members: \$100

SMALL GROUP SWIM

Semi-Private 20 Minutes

10 Lessons: \$175 | Members: \$135 Single lesson \$30 | Members: \$20

Semi-Private 40 Minutes

10 Lessons: \$345 | Members: \$265 Single lesson: \$50 | Members: \$35