



CAMP KLURMAN 2018 LUNCH MENU

	Monday 6/11	Tuesday 6/12	Wednesday 6/13	Thursday 6/14	Friday 6/15
PRE CAMP	Grilled Cheese Tator Tots Green Beans	Spaghetti & Meatballs Garlic Bread Peas & Carrots	Falafel/Chicken Schnitzel on Pita Hummus & Pita Israeli Salad	Hamburger Chips & Cole slaw Baked Veggie Beans	Cheese Pizza Penne Pasta w/ veggies Israeli Salad
WEEK 1	Monday 6/18 Spagetti & Meatballs Garlic Bread Roasted Veggies	Tuesday 6/19 Turkey Burger Baked Fries Seasoned ChickPeas	Wednesday 6/20 Scrambled Eggs French Toast Sticks Bagel & Cream Cheese	Thursday 6/21 Cheese Ravioli Garlic Bread Green Beans	Friday 6/22 Mac & Cheese Steamed Broccoli Whole Wheat Roll
WEEK 2	Monday 6/25 Hot Dogs Chips & Cole Slaw Baked Veggie beans	Tuesday 6/26 Chinese Chicken Fried Rice Mini Egg Roll Edamame	Wednesday 6/27 Cheese Quesadillas Black Beans Guacamole & Chips	Thursday 6/28 Arroz Con Pollo Sweet Plantain Carrots	Friday 6/29 Baked Ziti Garlic Bread Steamed Brocolini
WEEK 3	Monday 7/2 Grilled Cheese Chips Lima Beans	Tuesday 7/3 BBQ/Burgers/Hotdogs Corn on the Cob Curly Fries	Wednesday 7/4 NO CAMP HAPPY 4TH OF JULY	Thursday 7/5 Cheese Pizza Penne Pasta w/ veggies Fish sticks	Friday 7/6 Chicken Tender Baked Fries Quinia Bean Salad
WEEK 4	Monday 7/9 Grill Chicken Strips White Rice Mixed Veggies	Tuesday 7/10 Penne Pasta Meat Sauce Garlic Bread Green Beans	Wednesday 7/11 Turkey Burgers French Fries Corn on the Cob	Thursday 7/12 Fish sticks Roasted Sweet Potatos Cole slaw	Friday 7/13 Spiral Pasta Alfredo Corn Niblets Caesar Salad
WEEK 5	Monday 7/16 Scrambled Eggs French Toast Sticks Bagel & Cream Cheese	Tuesday 7/17 Ravioli Cesar salad Soy Nuggets	Wednesday 7/18 Elbow Pasta & Pink Sauce Steamed Broccoli Whole Wheat roll	Thursday 7/19 Cheese Pizza Penne Pasta w/ veggies Israeli Salad	Friday 7/20 Grilled Cheese Tator Tots Steamed Green Beans
WEEK 6	Monday 7/23 Chili Ground Beef White Rice Grilled Veggies	Tuesday 7/24 Cheese Quesdillas Black Beans/Guacamole Tortilla Chips	Wednesday 7/25 Arroz Con Pollo Sweet Plantain Green Beans	Thursday 7/26 Baked Ziti Greek Salad Mixed Veggies	Friday 7/27 Falafel on Pita Israeli Salad Hummus/Tahina
WEEK 7	Monday 7/30 Meatball Marinara White Rice Black Eyed Peas	Tuesday 7/31 Beef Taco Bar Black Beans Guacamole & Chips	Wednesday 8/1 Mac & Cheese Garlic Bread Peas	Thursday 8/2 Grilled Chicken Roasted Potatos Grilled Veggies	Friday 8/3 Baked Ziti Garlic Bread Peas and Carrots
WEEK 8	Monday 8/6 Cheese Pizza Penne Pasta w/Veggies Israeli Salad	Tuesday 8/7 Penne Pasta Meat Sauce Garlic Bread Green Beans	Wednesday 8/8 Sweet and Sour Meatballs White Rice Broccolini	Thursday 8/9 Chinese Chicken Fried Rice Mini Egg Roll Edamame	Friday 8/10 BBQ/Burgers Corn on the Cob French Fries
POST CAMP	Monday 8/13 Chicken Teriyaki Mashed Potatoes Squash	Tuesday 8/14 Grilled Cheese Baked Fries Grilled Veggies	Wednesday 8/15 Spagetti & Meatballs Garlic Bread Green Beans	Thursday 8/16 Falafel/Chicken Schnitzel on Pita Hummus & Pita Israeli Salad	Friday 8/17 Baked Ziti Garlic Bread Steamed Broccoli

*The following items are served daily: Full Salad Bar including lettuce, cucumbers, tomatoes, chickpeas, corn, celery, baby carrots, and other seasonal vegetables, hard boiled eggs and tuna. Plain whole wheat pasta; marinara sauce; jelly sandwiches; fresh fruit; cookies. Gluten free options available every day. and other for dessert; ice water. *Menu subject to change without notice .*